

Children's Mental Health Awareness Month

May 2010

MY FEELINGS ARE
A WORK OF

ART



Express your thoughts and feelings through poetry, stories, drawings, skits, music or any way you choose to express yourself!

1. Submit your work in person, by mail or email by April 26, 2010 to:

Carlos Flores, Youth Coordinator

P.O. Box 146

Massapequa Park, NY 11762

Carlosflores.nwd@gmail.com

3. Be sure to include your name and email address on your work

4. Join us for Children's Mental Health Awareness Day where all the work will be displayed on May 5, 2010 at the Hempstead Family Resource Center, 135 Main St. Hempstead, NY 11550 (for more information call 516-227-7380)

5. Be creative and have fun!