



## Transition of Youth and Young Adults with Emotional or Behavioral Difficulties

### An Evidence-Supported Handbook

*Edited by Hewitt B. “Rusty” Clark, Ph.D., & Deanne K. Unruh, Ph.D.*

As youth with emotional or behavioral difficulties transition from school and home settings, they face the complex challenges and expectations of adult life: finding and maintaining work, establishing new relationships, building a career, and more. This comprehensive professional handbook will help transition specialists, general and special educators, mental health practitioners and therapists, child welfare and justice specialists, school psychologists, and administrators support youth and young adults in setting goals and achieving positive outcomes across employment, education, and community-life functioning.

Drawing on the expertise of a wide range of contributors—practitioners, educators, researchers, administrators, parents, and young people themselves—this book collects our best, most current knowledge on supporting transitions for young people with mental health issues. Through up-to-date research and in-depth analyses of seven successful transition programs, readers will discover how to

- apply **evidence-supported practices** to guide youth and young adults through the transition obstacle course
- bridge the gap between child and adult mental health services for **consistent and coordinated services and supports for young people and their parents**
- ensure effective adult services that are **developmentally and culturally appropriate, and relevant to young adults**
- **address system fragmentation**, so the mental health, education, justice, substance-abuse treatment, vocational rehabilitation, and child welfare systems can work together to serve young people’s best interests
- implement strategies for the transition from high school to meaningful **employment, postsecondary education, or technical training**
- use **peer supports** to reach, engage, and coach young people as they move into adulthood
- reduce common **risk behaviors** through skillful prevention planning
- **fund and sustain** services and supports through agency collaborations and a creative combination of federal, state, local, and private dollars
- implement a **Continuous Quality Improvement** process to recognize needs, build on strengths, and make required changes

Vignettes and first-person testimonials throughout the book strengthen readers’ awareness of the challenges young people experience and how effective transition services can make a difference. Detailed analyses and recommendations regarding program, system, policy, and research will help professionals shape the future of mental health supports—and ensure the best possible adult lives for the young people they serve.

US\$34.95 | Stock #: 69636  
2009 | paperback | 384 pages | 6 x 9 | ISBN 978-1-55766-963-6

*Supports & services  
for young people  
with mental health  
issues:  
here’s what works*

**Convenient ways to order:**

**CALL** toll-free 1-800-638-3775 M-F, 9 a.m. to 5 p.m. ET.

**FAX** 410-337-8539

**MAIL** order form to: Brookes Publishing Co.  
P.O. Box 10624  
Baltimore, MD 21285-0624

**ON-LINE** www.brookespublishing.com

**Money-back guarantee!** Ordering with Brookes is risk-free. If you are not completely satisfied, you may return books and videotapes within 30 days for a full credit of the purchase price (unless otherwise indicated). Refunds will be issued for prepaid orders. Items must be returned in resalable condition.

**ABOUT YOU** (write in your specialty and check one field that best applies)

Specialty: \_\_\_\_\_

Birth to Five  K-12  Clinical/Medical Personnel  4-year College/Grad.  Comm. College/Vocational  Association/Foundation  Comm. Services

**ORDERED BY**

Name \_\_\_\_\_

Address \_\_\_\_\_

residential  commercial

City \_\_\_\_\_ State \_\_\_\_\_

ZIP \_\_\_\_\_ Country \_\_\_\_\_

Please check if this is a change of address.

E-mail \_\_\_\_\_

Yes! I want to receive e-mail about new titles and special offers. (Your e-mail address will not be shared with any other party.)

**CONTACT** (to ensure delivery we may need to contact you)

Daytime Phone \_\_\_\_\_

Qty	Stock #	Title	Price
	AF-_____		
	AF-_____		
	AF-_____		
	AF-_____		

**PAYMENT METHOD**

Check enclosed (payable to Brookes Publishing Co.)

Purchase Order attached (bill my institution)  
\*Add 2% to product total for P.O. handling fee

American Express (15 digits)

MasterCard (16 digits)

Visa (13 or 16 digits)

Discover

Credit card account number \_\_\_\_\_

Expiration date \_\_/\_\_/\_\_ Signature \_\_\_\_\_

Security Code (3 or 4 digit cord on back of card): \_\_\_\_\_

Subtotal	_____
6% sales tax, MD only	_____
5% business tax (GST), CAN only	_____
P.O. customers: 2% of subtotal	_____
Shipping (see chart below)	_____
<b>Total (in U.S. dollars)</b>	_____

Your list code is AF

**STANDARD GROUND SHIPPING & HANDLING**

(For other shipping options and rates, call 1-800-638-3775, in the U.S.A. and Canada, and 410-337-9580, worldwide.)

**Continental U.S.A.\*; U.S.A. territories & protectorates; AK, HI, PR†**

For subtotal of	Add*
US\$55.00 and under	\$6.49
US\$55.01 and over	12%

\*\*Continental U.S.A orders ship via UPS Ground Delivery.

†U.S.A. territories & protectorates orders ship via USPS.

‡AK, HI, and PR please add an additional US\$12.00. Orders ship via UPS Air.

Please call or email for expedited shipping options and rates.

**Canada**

For subtotal of	Add*
US\$67.00 and under	\$9.99
US\$67.01 and over	15%

Orders for Canada are consolidated for shipping twice each month. For minimum shipping time, please place your orders by the 9th or 24th of each month.

\*calculate percentage on subtotal